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AXIS

SPINE AND SPORT

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ANTHEM BCBS AND
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HEALTHCARE**

Did you know your insurance through Bank of America could cover all of these services? Take a look at some of the valuable services you could be receiving!

Our Services

Chiropractic
Massage Therapy
Spinal Decompression
Medical
Regenerative Medicine
Botox for Migraine
... More!

Contact Us

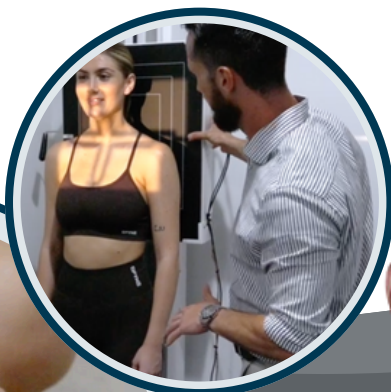
Tempe Office: (480) 454-4776
Gilbert Office: (480) 842-5020



Locations in Tempe, AZ
and Gilbert, AZ



Schedule Online at
www.axisspineandsport.com



Why Choose Axis Spine and Sport?



Over 1,500
Five Star
Reviews



Comprehensive
Services



Multiple
Locations



Covered By
Insurance

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CHIROPRACTIC CARE



- Focuses on spinal alignment and nervous system health.
- Benefits: Relieves pain, improves mobility, and enhances overall body function by addressing misalignments.



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MASSAGE THERAPY



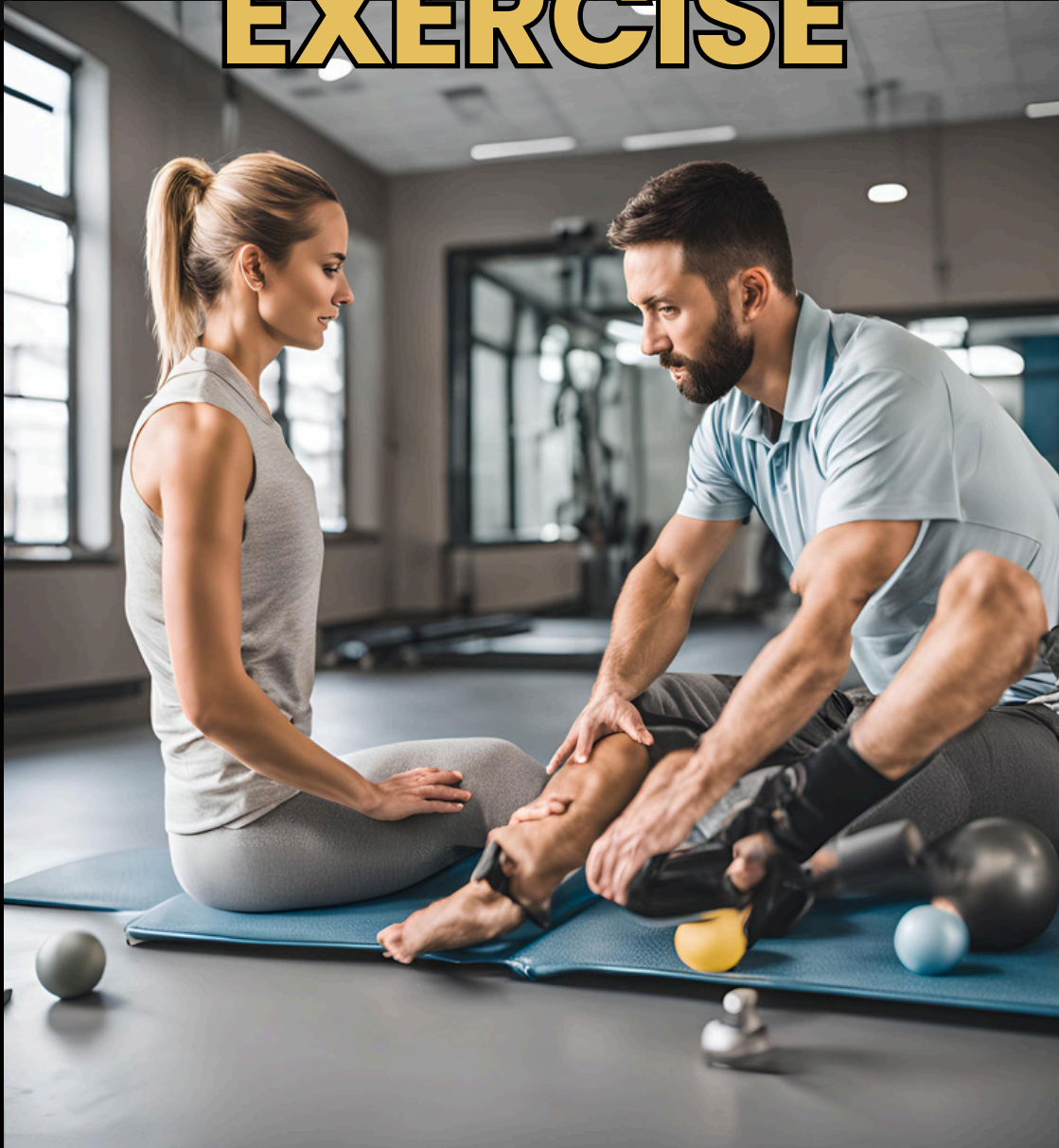
- Manipulates soft tissues to reduce muscle tension and promote relaxation.
- Benefits: Alleviates stress, enhances circulation, reduces pain, and supports injury recovery.



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CORRECTIVE EXERCISE



- Personalized exercises to improve posture, movement patterns, and muscular imbalances.
- Benefits: Prevents injury, enhances strength, mobility, and rehabilitation outcomes.



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SPINAL DECOMPRESSION



- Gentle, motorized traction that stretches the spine to relieve pressure on discs and nerves.
- Benefits: Alleviates back and neck pain, improves disc health, and can help with herniations and sciatica.



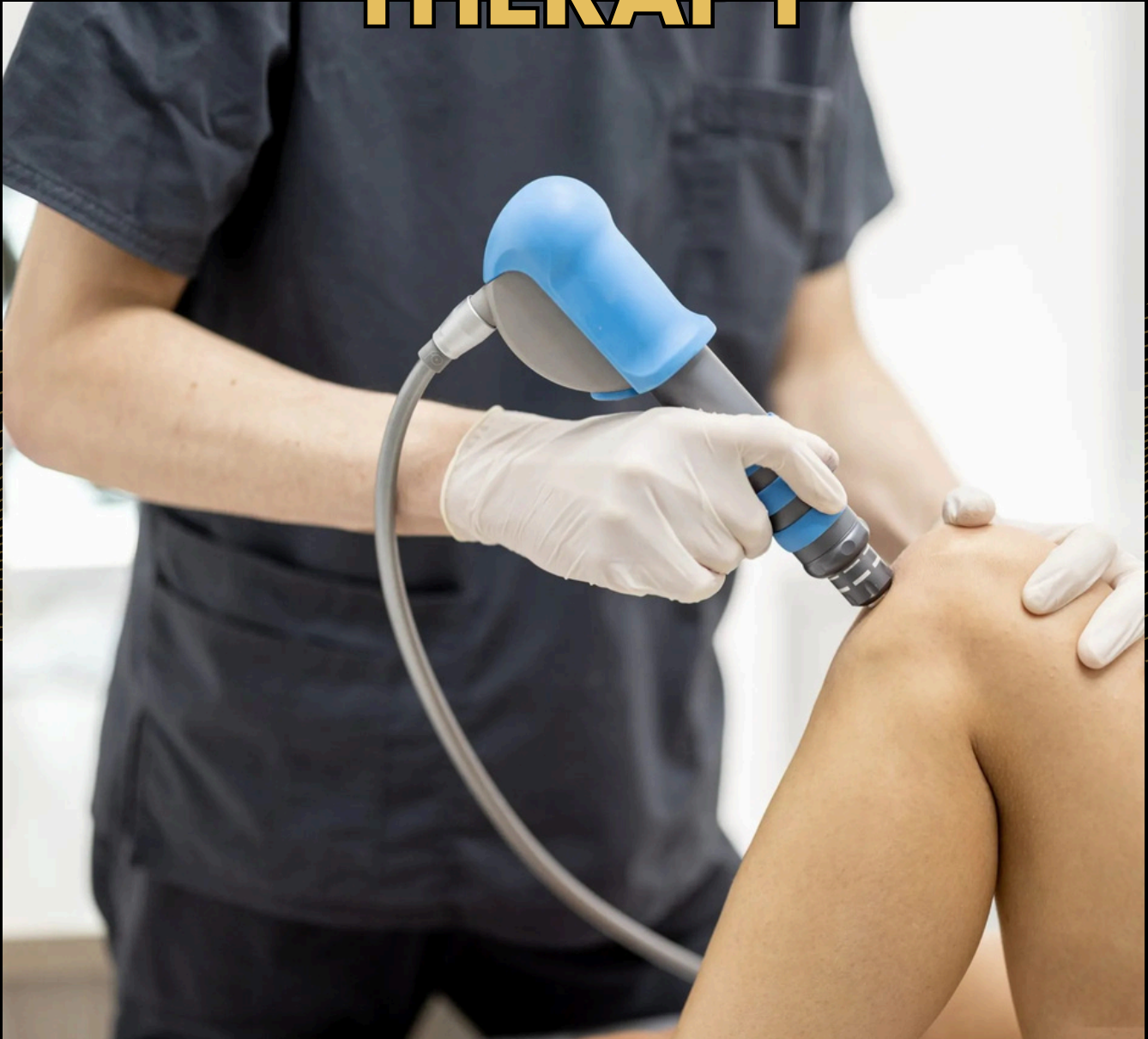
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SHOCKWAVE THERAPY



- High-energy sound waves are applied to targeted areas to stimulate blood flow and tissue regeneration.
- Benefits: Helps reduce chronic pain, speeds up healing, and can improve mobility in stubborn injuries.



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PULSED ELECTROMAGNETIC FIELD THERAPY



- Low-level electromagnetic pulses are delivered to the body to stimulate cell function.
- Benefits: Promotes tissue repair, reduces inflammation, and supports faster healing of injured areas.



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CUPPING



- Uses suction cups to gently pull tissue upward, increasing blood flow to targeted areas.
- Benefits: Aids in reducing inflammation, relieving muscle tension, and accelerating healing.



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MUSCLE SCRAPING



- Specialized instruments are used to apply pressure and “scrape” over muscles and fascia.
- Benefits: Breaks down adhesions, improves range of motion, and speeds up recovery from soft tissue injuries.



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COMPRESSION THERAPY



- Uses specialized sleeves or wraps that apply controlled pressure to limbs.
- Benefits: Increases circulation, reduces swelling, and speeds recovery after exercise or injury.



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REGENERATIVE MEDICINE



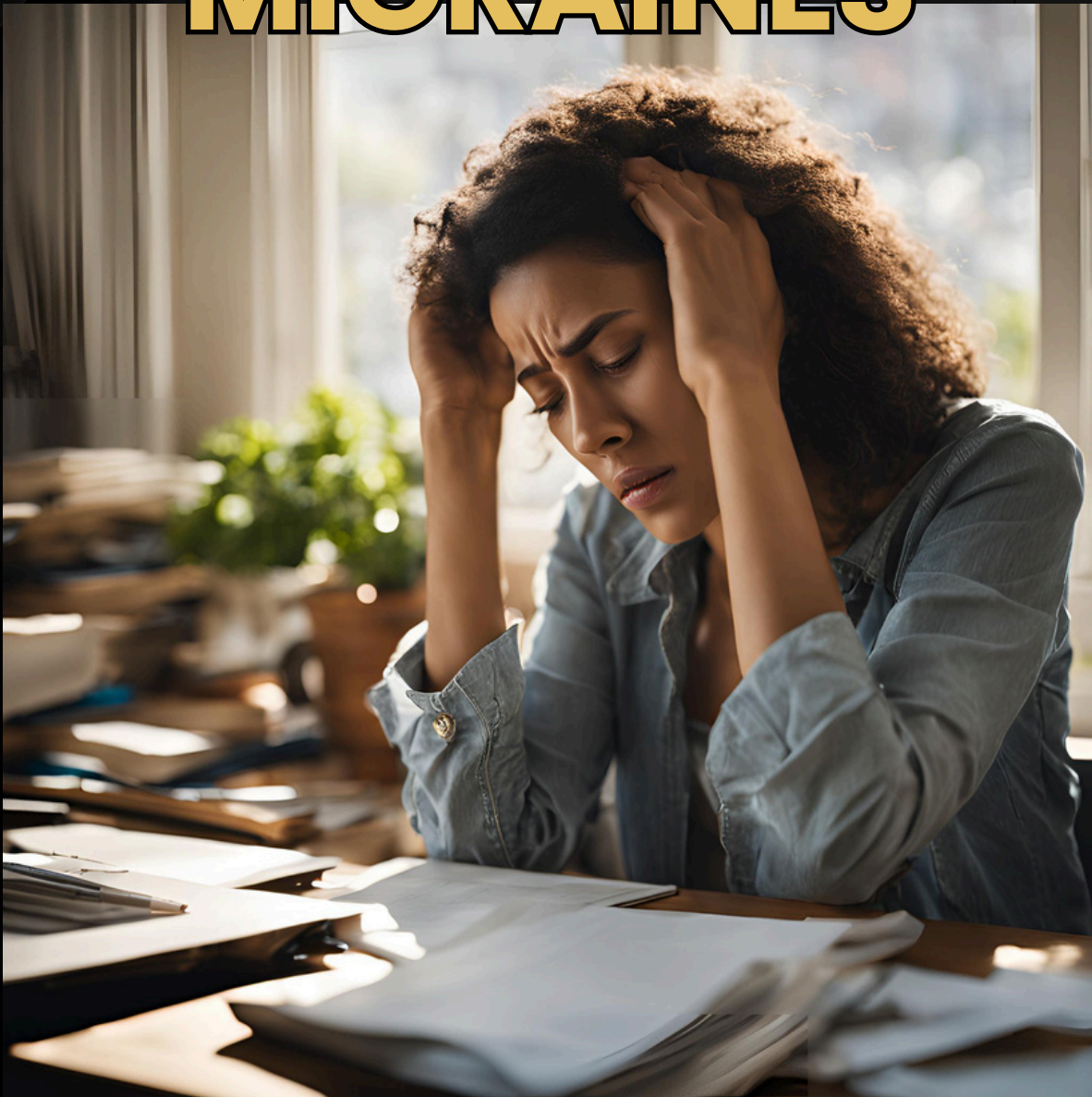
- Treatments like stem cell therapy and PRP to promote tissue repair and regeneration.
- Benefits: Accelerates healing of injured tissues, reduces pain, and improves joint function.



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BOTOX FOR MIGRAINES



- Injection of botulinum toxin to prevent chronic migraines.
- Benefits: Reduces the frequency and severity of migraines, improving quality of life dramatically.



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PAIN MANAGEMENT



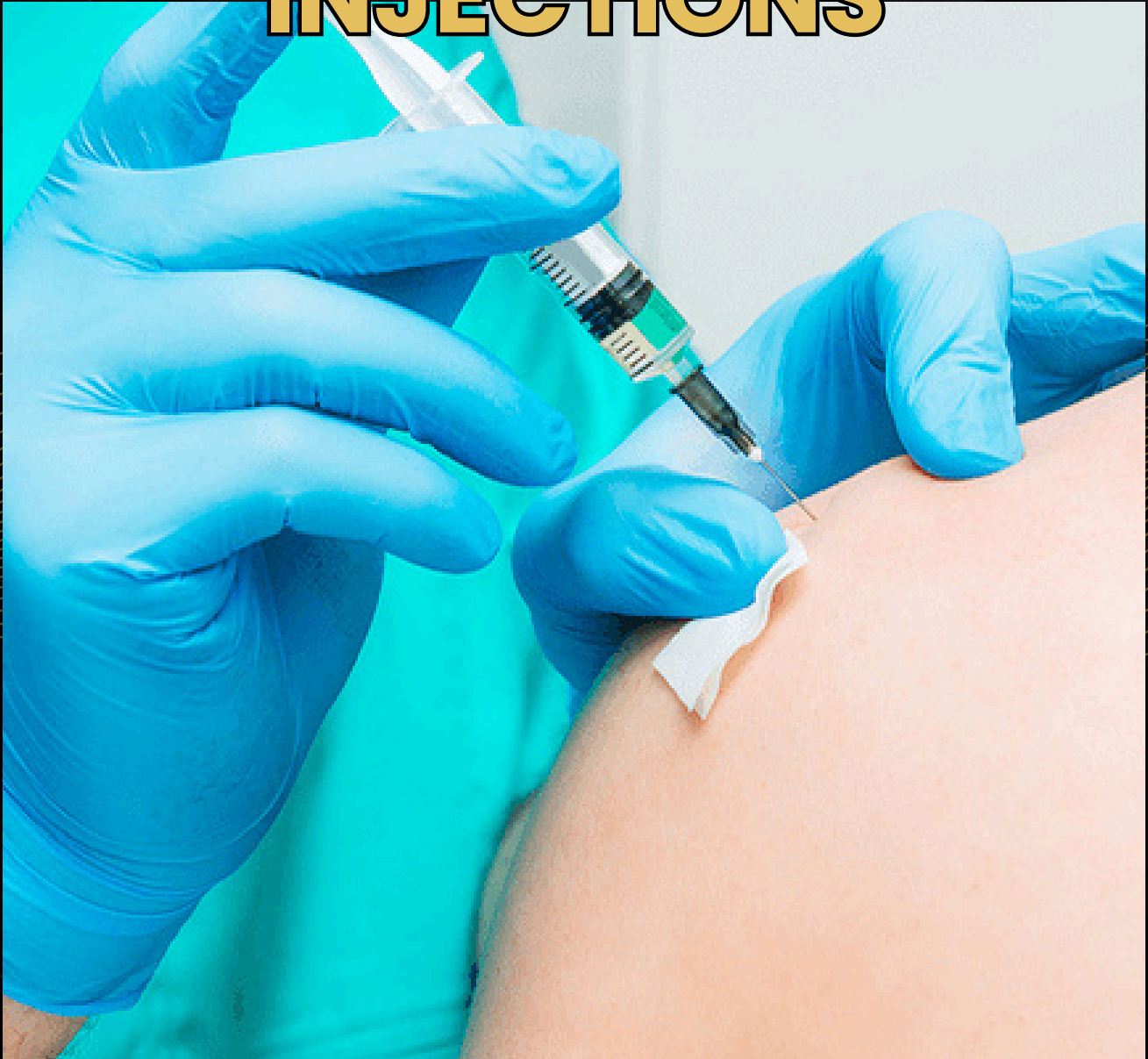
- Multidisciplinary approach to controlling chronic or acute pain.
- Benefits: Improves daily functioning, reduces reliance on pain medications, and enhances quality of life.



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MUSCLE AND JOINT INJECTIONS



- Sometimes used in surgical settings to reduce inflammation and improve joint function.
- Benefits: Targets joint pain, reduces inflammation, and may delay the need for more invasive surgery.



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SURGICAL PROCEDURES



- Involves operative techniques to treat injuries, or conditions often related to the musculoskeletal system.
- Benefits: Provides definitive treatment for structural issues, relieves pain, restores function, and improves quality of life when non-surgical treatments are insufficient.



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TODAY!**



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TO SCHEDULE**



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